

Your procedure will be performed by Doctor: _____

Address: _____

Date of procedure: _____ Arrive at: _____ AM/PM

Comments: _____

NEW HalfLyte[®]
& Bisacodyl tablet
Bowel Prep Kit

PEG-3350, sodium chloride, sodium bicarbonate
and potassium chloride for oral solution and
bisacodyl delayed-release tablet



On the day before your procedure:

DO NOT eat food or drink milk. Drink clear liquids only. Any of the liquids below are okay, as long as they are not colored RED or PURPLE:

- Strained fruit juices without pulp (apple, white grape, lemonade)
- Water
- Clear broth or bouillon
- Coffee or tea (without milk or nondairy creamer)
- Gatorade[®]
- Fizzy or nonfizzy soft drinks
- Plain Jell-O[®] (without added fruits or toppings)
- Iced Popsicle[®] (blue, green, yellow, orange, or pink are okay)
- Kool-Aid[®] (or other fruit-flavored drinks)

Note:

- HalfLyte and Bisacodyl Tablet Bowel Prep Kit is indicated for bowel cleansing before a colonoscopy in adults.
- If you have severe active ulcerative colitis or take medicine such as a diuretic, consult your physician before using this product.
- Abdominal bloating or distention may occur before the first bowel movement. If your abdominal distention or discomfort continues stop drinking the HalfLyte solution temporarily or drink each portion at longer intervals until your symptoms disappear.
- Do not take any other medicines within 1 hour of starting to drink the solution.
- Do not drink large quantities of clear liquids after taking the HalfLyte solution until your colonoscopy.
- If you have any questions about this medicine, consult your physician.

* The reconstituted solution may be refrigerated.

Here is a sample of a typical day before your procedure:

	STARTING AT 3:00 PM
TAKE TABLET	3:00 PM
MIX SOLUTION	4:00 PM
WAIT FOR A BOWEL MOVEMENT	3:00 PM – 9:00 PM
AFTER A BOWEL MOVEMENT	DRINK ALL OF THE SOLUTION

You must complete all the steps below:



_____ AM/PM

TAKE THE TABLET

- Take the bisacodyl tablet with water.
- Do NOT chew or crush.
- Do not take the bisacodyl tablet within 1 hour of taking an antacid.



_____ AM/PM

MIX SOLUTION

- Tear open 1 flavor pack of choice and pour into HalfLyte bottle. Discard unused packs. Solution can be used with or without flavor packs.
- Add drinking water to top of line on bottle.
- Cap bottle and shake to dissolve the powder.*
- The reconstituted solution will be clear and colorless. Use within 48 hours. No additional ingredients (other than one of the flavor packs provided) should be added to the solution.



_____ AM/PM

WAIT FOR A BOWEL MOVEMENT (OR MAXIMUM OF 6 HOURS)

- After bowel movement occurs (usually in 1 to 6 hours), begin to drink the solution.
- Even if a bowel movement does not occur within 6 hours, begin to drink the solution.



DRINK ALL THE SOLUTION

- Drink 1 (8 oz) glass every 10 minutes (about 8 glasses). It's better to drink each glass quickly, instead of taking many small sips.
- Be sure to drink ALL of the solution. This should take about 1½ hours.

To learn more about this product, please call 1-800-874-6756 or visit our Web site at www.halflyte.com

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